



SEPTEMBER

SUNRISE SPOTLIGHT

Our spotlight for the month of September is on Wayne Dorn. Wayne has done a great many things throughout his time here at Sunrise including coordinating some of our many sport and summer leagues. He will continue to do this throughout this upcoming sports season. We can't thank Wayne nearly as much as he deserves for all that he has done and continues to do for everyone here at Sunrise!!



Attention:

Sunrise Parks and Rec has been nominated for multiple categories for the annual Best of Citrus Heights Awards. This nomination is just as much about the employees as it is about the community who makes it all possible. Vote Below!!

Best Entertainment Venue ; Best Childcare/Preschool ; Best Education, Schools & Training ; Best Government Services

Coaches Quote of the Month:
"The journey of a thousand miles begins with one step." - Lao Tzu

Volunteer To Coach!

With just a few hours of your time, you can help make a long lasting impact on our hundreds of young athletes.

Call (916) 725-8843 or email rbozzalla@sunriseparks.com or click

[HERE](#)

UPCOMING PROGRAMS:

BASKETBALL TRAINING W/ MICHAEL SHAW

Saturdays September 28th - October 12th
Boys & Girls 12 - 15 years old
To learn more click [HERE](#)



M.S. GIRLS BASKETBALL LEAGUE

October 29th - February 1st
Girls 6th - 8th Grade
To learn more click [HERE](#)



ELEM GIRLS BASKETBALL LEAGUE

February 25th - May 10th
Girls 2nd - 5th Grade
To learn more click [HERE](#)



MIDDLE SCHOOL BOYS VOLLEYBALL LEAGUE

March 25th - May 30th
Boys 6th - 8th grade
To learn more click [HERE](#)

